



MARIA LAVDANITI

Professor of Clinical Nursing- Care in
Adult cancer patients
International Hellenic University/ Nursing
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1. TEACHING

Undergraduate

- Cancer nursing
- Medical Nursing I
- Nursing theories
- Surgical Nursing II
- Epidemiology-Public Health
- Nursing Research Methodology
- Women Health

Postgraduate

- Epidemiology
- Biostatistics
- Research Methodology
- Nursing Care plans in diabetes
- Radiotherapy and adverse effects
- Management of chronic pain-Support at the end of life

2. EDUCATION

- Doctoral Diploma: Nursing, National and Kapodistrian University of Athens 2003
- Master of Science: Clinical Nursing, National and Kapodistrian University of Athens 1998
- BSc in Nursing Department, National and Kapodistrian University of Athens 1995
- Diploma in Teaching (2000)

3. RESEARCH INTERESTS

Oncology nursing, education of patients, clinical nursing, cancer and diabetes

4. RESEARCH PROGRAMMES

- Personal Assistant- Mobile Response & Prevention Unit cooperation with K3- partner
- “Investigation of nausea and vomiting in cancer patients undergoing chemotherapy”. Scientific responsible: M.Lavdaniti. Funding: Special Account for Research Budget (ELKE), Alexander Technological Educational Institute of Thessaloniki
- “Contribution of exercise in promoting health of young people”. Scientific responsible: L.Kourkouta. (Member of Research Team). Funding: Special Account for Research Budget (ELKE), Alexander Technological Educational Institute of Thessaloniki
- “Investigation of body image and self-esteem in patients with breast cancer under mastectomy”. Scientific responsible: K.Koukourikos. (Member of Research Team:). Funding: Special Account for Research Budget (ELKE) Alexander Technological Educational Institute of Thessaloniki
- The biopsychosocial effects of mobile telephones on health behaviors and quality of life of ATEITH. Students”. Scientific responsible: T.Bellali. Funding: Special Account for Research Budget (ELKE) Alexander Technological Educational Institute of Thessaloniki 2011

5. SCIENTIFIC PUBLICATIONS

1. Palitzika D, Tilaveridis I, Lavdaniti M, Vahtsevanos K, Kosintzi A, Antoniadou K. Quality of Life in Patients With Tongue Cancer After Surgical Treatment: A 12-Month Prospective Study. *Cureus*. 2022 Feb 23;14(2):e22511.
2. Chatzinikolaou A, Tzikas S, Lavdaniti M. Assessment of Quality of Life in Patients With Cardiovascular Disease Using the SF-36, MacNew, and EQ-5D-5L Questionnaires. *Cureus*. 2021 Sep 14;13(9):e17982. doi: 10.7759/cureus.17982.
3. M. Lavdaniti, K.Patrikou, P-M Prapa, M.Vastardi, EC Fradelos, IV Papathanasiou, F. Tzavella, V. Alikari, G. Tzavelas. A cross-sectional study for assessing perceived symptoms, depression and quality of life in advanced lung cancer patients. *JBUON*, 2021, 26(5):1824-1831
4. Fradelos EC, Albani E, Papathanasiou IV, Prapa PM, Tsomaka E, Bakalis V, Artemi S, Lavdaniti M. Spiritual needs of lung cancer patients and their relation to psychological distress and quality of life..*Cureus*. 2021 Dec 7;13(12):e20225. doi: 10.7759/cureus.20225. eCollection 2021 Dec.
5. Alikari V, Fradelos EC, Giannakopoulou N, Gerogianni G, Efstathiou F, Lavdaniti M, Zyga S. Translation, Cultural Adaptation, Validation and Internal Consistency of the Factors of Nurses Caring Behavior. *Mater Sociomed*. 2021 Mar;33(1):34-40..
6. Lavdaniti M, Michalopoulou S, Owens DA, Vlachou E, Kazakos K. The Impact of Comorbid Diabetes Type 2 on Quality of Life in Cancer Patients Undergoing Chemotherapy. *Endocr Metab Immune Disord Drug Targets*. 2021;21(6):1017-1024
7. Lavdaniti M, Margari N, Chavela A, Mantzanas M, Chatzi I, Fradelos EC, Tilaveridis I, Tzavelas G. The incidence of nausea and vomiting in cancer patients in Greek clinical practice: A longitudinal study. *Contemp Oncol (Pozn)* 2020; 24
8. Lavdaniti M, Michalopoulou S, Owens DA, Vlachou E, Kazakos K.
9. The Impact of Comorbid Diabetes Type 2 on Quality of Life in Cancer Patients Undergoing Chemotherapy. *Endocr Metab Immune Disord Drug Targets*. 2020 Jul 29. doi: 10.2174/1871530320666200729151715. Online ahead of print.

10. Lavdaniti M: Contemporary Issues in Cancer Patients' Education. *International Journal of Caring Sciences*, 2020, 13(1): 1-3
11. Vlachou E, Ntikoudi A, Govina O, Lavdaniti M, Kotsalas N, Tsartsalis A, Dimitriadis G. Effects of Probiotics on Diabetic Nephropathy: A Systematic Review. *Curr Clin Pharmacol*. 2020 Mar 2. doi: 10.2174/1574884715666200303112753. [Epub ahead of print]
12. Lavdaniti M. Fatigue in Cancer Patients Undergoing Chemotherapy: A Nursing Approach. *International Journal of Caring Sciences*, 2019, 12 (2):1261-1265
13. Ouzouni A., Galli-Tsinopoulou A, Kazakos K. Lavdaniti M. Adolescents with Diabetes Type 1: Psychological and Behavioral Problems and Compliance with Treatment. *International Journal of Caring Sciences*, 2019, 12 (2):1298-1304
14. Lavdaniti M, Owens DA, Liamopoulou P, Marmara K, Zioga E, Mantzanas MS, Evangelidou E, Vlachou E. Factors Influencing Quality of Life in Breast Cancer Patients Six Months after the Completion of Chemotherapy. *Diseases*. 2019 24;7(1). pii: E26. doi: 10.3390/diseases7010026.
15. Lavdaniti M, Throuvala E, Foutouloglou A, Papadouri A., Papageorgiou D. Study protocol for oral chemotherapy adherence: A non –experimental study investigating adherence to medication in Greek cancer patients. *World journal of pharmaceutical and Medical research* 2019, 5(1): 69-72
16. Vlachou E, Owens DA, Lavdaniti M, Kalemikerakis J, Evagelou E, Margari N, Fasoi G, Evangelidou E, Govina O, Tsartsalis AN. Prevalence, Wellbeing, and Symptoms of Dysmenorrhea among University Nursing Students in Greece. *Diseases*. 2019 Jan 8;7(1). pii: E5. doi: 10.3390/diseases7010005.
17. Lavdaniti M, Fradelos EC, Troxoutsou K, Zioga E, Mitsi D, Alikari V, Zyga S. Symptoms in Advanced Cancer Patients in a Greek Hospital: a Descriptive Study. *Asian Pac J Cancer Prev*. 2018 Apr 27;19(4):1047-1052.
18. Ouzouni A, Galli-Tsinopoulou A, Kazakos K, Dimopoulos E, Angeliki N. Kleisarchaki AN, Mouzaki K, Lavdaniti M. The Intervention of Parents in Supporting of Diabetes Type 1 in Adolescents *Mater Sociomed*. 2018; 30(2): 98-102
19. Pigkou K., Alikari V., Papathanasiou IV. Theophilou P., Lavdaniti M. Zyga S. Fradelos EC. Assessment of psychological distress and quality of life in lung cancer

patients receiving chemotherapy: A single center experience. *Prog Health Sci* 2018, Vol 8, No 1

20. Sympa P, Vlachou E, Kazakos K, Govina O, Stamatiou G, Lavdaniti M. Depression And Self-Efficacy In Patients With Type 2 Diabetes In Northern Greece. *Endocr Metab Immune Disord Drug Targets*. 2018;18(4):371-378 (IF=2,013).

21. Alikari V, Sachlas A, Giatrakou S, Stathoulis J, Fradelos E, Theofilou P, Lavdaniti M, Zyga S. Fatigue in Arthritis: A Multidimensional Phenomenon with Impact on Quality of Life : Fatigue and Quality of Life in Arthritis. *Adv Exp Med Biol*. 2017;987:243-256. doi: 10.1007/978-3-319-57379-3_22. (IF= 1.881)

22. Lavdaniti M, Zyga S. Quality of Life in Elderly Bladder Cancer Patients Following a Cystectomy. *Adv Exp Med Biol*. 2017;989:297-300. doi: 10.1007/978-3-319-57348-9_28. (IF= 1.881)

23. Lavdaniti M, Zyga S, Vlachou E, Sapountzi-Krepia D. Quality of Life in Elderly Cancer Patients Undergoing Chemotherapy. *Adv Exp Med Biol*. 2017;989:291-295. doi: 10.1007/978-3-319-57348-9_27(IF= 1.881)

24. Sapountzi-Krepia D, Rekleiti M, Lavdaniti M, Psychogiou M, Chaliou M, Xenofontos M, Savva M. Evaluating female nursing students' knowledge and attitudes regarding breast self-examination. *Health Care Women Int*. 2017 ;38(8):786-795. doi: 10.1080/07399332.2017.1326921. Epub 2017 May 8. (IF=0,850)

25. Lavdaniti M. Holistic Nursing Approach to Patients with Cancer. *Journal of Nursing and Care* , *J Nurs Care* 2017, 6:1 DOI: 10.4172/2167-1168.1000e136

26. Dimitriadou A., Lavdaniti M. Foot Care Education for Diabetes Mellitus Patients. *Journal of Nursing Science* 2017; 3(1): 1-4

27. Zyga S, Deli M., Fradelos E., Lavdaniti M., Tsougia P., Tarazi I., Alikari V. Is Quality of Life of Hemodialysis Patients Affected by Fatigue? *Int J Health Sci Res*. 2017; 7(9):150-158.

28. Palitzika D, Lavdaniti M, Giapountzi M, Athanasakis K. An investigation of the satisfaction levels of users of the health services in Northern Greece. *American Journal of Advances in Nursing Research*.2016;3(1):1-5.

29. E. Zioga, K. Kazakos, E. Dimopoulos, Ch. Koutras, K. Marmara, E. Marmara, A. Marmaras, M.Lavdaniti. Adherence and Quality of Life in Patients With Type II Diabetes Mellitus in Northern Greece. *Mater Sociomed*. 2016; 28(4): 258-262

30. Zyga S, Mitrousi S, Alikari V, Sachlas A, Stathoulis J, Fradelos E, Panoutsopoulos G, Lavdaniti M. Assessing factors that affect coping strategies among nursing personnel. *Materia Sociomedica* 2016;28(2):146-50. doi: 10.5455/msm.2016.28.146-150.

6. BOOKS

She has written 8 chapters in English and Greek scientific books and she edited chapters of nursing books in Greek language. She has also written two books in oncology nursing

- Cancer nursing : Theory and clinical practice, 2017
- Nursing care in women with breast cancer, 2015

7. MEMBERSHIP IN SCIENTIFIC and PROFESSIONAL ASSOCIATIONS

- Member of Hellenic Nurses Association
- Member of the Hellenic Regulatory Board of Nurses
- Vice President in Hellenic Oncology Nursing Society
- Member of European Oncology Nursing Society (EONS)
- Member of European Society of Medical Oncology

8. HONORARY AWARDS

1 Award for best oral presentation

H-index: 20 , 1241 citations (google scholar)

More publications are available at:

<https://scholar.google.com/citations?user=Nu90jd8AAAAJ&hl=en>