

**1. TEACHING**

*Undergraduate:* Renal Nursing, Intercultural Nursing, Communication in Healthcare settings, Introduction to Nursing (lab), Surgical and Medical Nursing (labs), Intensive Care Nursing (labs)

*Postgraduate:* Person with renal problems and Diabetes Mellitus in Haemodialysis & Peritoneal Dialysis, Chronic Kidney Disease and Diabetes Mellitus, Young people and Diabetes Mellitus (MSc in Care for Diabetes Mellitus), Social Policy & Systems of Healthcare (MSc in Healthcare Administration), Organising an Haemodialysis & Peritoneal Dialysis Unit, Experience of pain in Chronic Kidney Disease (MSc in Renal Care)

2. **EDUCATION:** Faculty of Nursing, Technological Educational Institute of Thessaloniki (1992), MSc in Human Performance and Health/Exercise and Health, Faculty of Science of Physical Education and Athletics, Aristotle University of Thessaloniki (2006), PhD in Nursing Science, University of Eastern Finland, Kuopio, Finland (2016).

3. **RESEARCH INTERESTS:** Renal Nursing, Nursing Education, Quality of care, New Technologies in Nursing Education, Nursing Skills, Smart/Eco Hospital

4. **RESEARCH PROGRAMMES:** Management of Vascular Access in Europe (EDTNA/ERCA) (1997-1998), Studying the attitudes of healthcare school members regarding their continuing education needs (1998-1999), Hepatitis C in renal units across Europe (EDTNA/ERCA) (2001-2002), , European Practice Database (EPD) regarding renal care in Europe (EDTNA/ERCA) (2003, 2006), Evidence-based practice in nursing (Mediterranean University of Crete) (2015), Continuing care of the metabolic diseases through new technologies – COMETECH (2018), Educating parents from conception to childbirth (University of Western Macedonia) (2021), ENHANCE: European curriculum for family and community nurse (University of Thessaly) (2019)

5. **SCIENTIFIC PUBLICATIONS:**

5.1. Kafkia Th, Doutsiou Ch, Falakidou T, Papathanasiou A & Vayonas G (1996). Looking into the factors affecting renal patients' quality of life. *EDTNA/ERCA Journal*, XXII, 3, p.19-21.

5.2. Kafkia Th, Kourakos M, Lagazali V, Eleftheroudi M, Tsougia P, Laskari A, Thanasa G, De Vos J-Y & Elseviers M (2005). European Practice Database: Results from Greece. *EDTNA/ERCA Journal*, XXXI, 1, 43-48.

5.3. Harrington M, Elseviers M, De Vos JY, Zampieron A, Ormandy P & Kafkia T (2006). The Research Board of EDTNA/ERCA: research activities and deliverables. *EDTNA/ERCA Journal*, XXXII, 1, 4-7.

5.4. Elseviers M, De Vos JY, Harrington M, Zampieron A, Ormandy P & Kafkia T (2006). Comparison of renal care practice in Europe: center and patient characteristics. *EDTNA/ERCA Journal*, XXXII, 1, 8-13.

- 5.5. Zampieron A, Elseviers M, Ormandy P, Vlaminck H, De Vos JY, Kafkia T, Lindley E & Harrington M (2006). Development of indicators to measure European variation of nursing activities. *EDTNA/ERCA Journal*, XXXII, 1, 14-19.
- 5.6. De Vos JY, Elseviers M, Harrington M, Zampieron A, Ormandy P & Kafkia T (2006). European practice in haemodialysis: results of the EPD. *EDTNA/ERCA Journal*, XXXII, 1, 20-23.
- 5.7. Kafkia T, De Vos JY, Elseviers M, Zampieron A, Ormandy P & Harrington M (2006). Transplant Practice in Europe: selection of patients. *EDTNA/ERCA Journal*, XXXII, 1, 33-37.
- 5.8. De Vos JY, Elseviers M, Harrington M, Zampieron A, Vlaminck H, Ormandy P & Kafkia T (2006). Infection control practice across Europe: results of the EPD. *EDTNA/ERCA Journal*, XXXII, 1, 38-41.
- 5.9. Knoll J, Demol A, Elseviers M, Harrington M, De Vos J-Y, Zampieron A, Ormandy P & Kafkia T (2006). The organisation of paediatric renal care in different European countries: results of the PAC Project. *EDTNA/ERCA Journal*, XXXII, 1, 51-56.
- 5.10. Demol A, Knoll J, Elseviers M, Harrington M, De Vos JY, Zampieron A, Ormandy P & Kafkia T (2006). Paediatric access care in Europe: results of the Paediatric Access Care (PAC) Project. *EDTNA/ERCA Journal*, XXXII, 1, 57-62.
- 5.11. Zampieron A, Ormandy P, Elseviers M, De Vos JY & Kafkia T (2009). Comparison of nephrology nursing interventions across five European countries. *Journal of Renal Care*, 35(1): 24-32.
- 5.12. Chamney M, Pugh-Clarke K & Kafkia T (2009). Management of co-morbid diseases in a patient with established renal failure. *Journal of Renal Care*, 35(3): 151-158.
- 5.13. Chamney M, Pugh-Clarke K, Kafkia T & Wittwer I (2010). Management of anemia in chronic kidney disease" Continuing Education Article. *Journal of Renal Care*, 36(2): 102-111.
- 5.14. Sedgewick J, Noble H, Ho TM, Kafkia T & Van Waelegheem JP (2010). Integration of palliative care for patients with Stage 5 Chronic Kidney Disease. *Journal of Renal Care*, 36(4): 218-226.
- 5.15. Kafkia T, Chamney M, Drinkwater A, Pegoraro M & Sedgewick J (2011). Pain in chronic kidney disease: prevalence, cause and management. *Journal of Renal Care*, 37(2): 114-122.
- 5.16. Kafkia T, Vehviläinen-Julkunen K & Sapountzi-Krepia D (2014). Assessment and management of pain in hemodialysis patients: A pilot study. *Progress in Health Science*, 4(1): 53-60.
- 5.17. Saridi M, Lionis DS, Toska A, Kafkia T, Vonopati S, Barmpari MM, Fasoula Z & Souliotis K (2016) Evaluation of student's knowledge and attitudes on sun radiation protection. *International Journal of Caring Sciences*, 9(2): 400-408.
- 5.18. Kourakos M, Kafkia T & Minasidou E (2016). Social support and care for patients with Alzheimer's disease in the community. *International Journal of Caring Sciences* 9(2): 1186-1190.
- 5.19. Veneti K, Stafylidis S, Kafkia T, Kourakos K, Antoniadis K, Zilides C & Dalamprias S (2017). Demographic characteristics, referrals and patients' accessibility to an oral and maxillofacial surgery clinic. *Balkan Journal of Dental Medicine*, 21: 1-5.

- 5.20. Minasidou E, Kafkia T, Dimitriadou A, Kallia T & Kourakos M (2017). Personality type D and cardiovascular disease: a literature review. *Innovations in Nursing* 2 (2): 112-121.
- 5.21. Manomenidis G, Kafkia T, Minasidou E, Tasoulis C, Koutra S, Kospantsidou A & Dimitriadou A (2017). Is Self-esteem actually the protective factor of nursing burnout? *International Journal of Caring Sciences* 10(3): 1348-1360
- 5.22. Kafkia T, Vehvilainen-Julkunen K & Sapountzi-Krepia D (2017). Renal patient's Quality of Life as it is affected by pain. *International Journal of Caring Sciences* 10 (2): 1108-1112.
- 5.23. Kourakos M, Fradelos E, Papathanasiou I, Saridi M & Kafkia T (2017). Communication as the basis of care for patients with Chronic Diseases. *American Journal of Nursing Science* 7 (3-1): 7-12.
- 5.24. Kourakos M, Saridi M, Kafkia T, Rekleiti M, Souliotis K, Brokalaki H & Koukia E (2017). Factors affecting mental patients' behaviors and attitudes regarding smoking. *Asian Pacific Journal of Cancer Prevention* 18 (7): 1991-1997.
- 5.25. Kafkia T, Vehvilainen-Julkunen K, Zyga S, Sapountzi-Krepia D (2018). Chronic Kidney Disease and Pain Perception. *International Journal of Caring Sciences* 1(1): 580-590.
- 5.26. Minasidou E, Kouroutzidou K, Mina S, Kourakos M, Dimitriadou A & Kafkia T (2018). Mood disorders in children and adolescents with Type 1 Diabetes. *American Journal of Nursing Science* 7(3-1): 33-38.
- 5.27. Stavrianou A, Kafkia T, Mantoudi A, Minasidou E, Konstantinidou A, Sapountzi-Krepia D & Dimitriadou A (2018). Informal caregivers in Greek hospitals: a unique phenomenon of a health system in financial crisis. *Materia Sociomedica* 30(2): 147-152.
- 5.28. Anastasiou V, Tsaloglidou A, Minasidou E, Kafkia T, Koukourikos K, Kourkouta L, Dimitriadou A (2019). Investigation of the knowledge of nursing students and nursing assistants' students on Diabetes Mellitus II and its prevention. *International Journal of Caring Science* 12(3): 1837-1850.
- 5.29. Pliatsika KA, Sakellari E, Kafkia T, Krepia V & Sapountzi-Krepia D (2019). Informal carers' experiences and feelings during rehabilitation. *British Journal of Nursing* 28(12): 792-798.
- 5.30. Kourakos K & Kafkia T (2020). Use of simulation technology in teaching nursing clinical skills. *International Journal of Experimental Technology and Management* 1(1): 95-103.
- 5.31. Tsintsiou D, Kourakos K & Kafkia T (2022). Looking into the effect of Diabetes Mellitus in women's urinary bladder function. *Urology Nursing* (programmed for publication on September 2022).
- 5.32. 28 publications in Greek scientific journals

## 6. BOOKS:

- 6.1. "Studying the attitudes of healthcare school members regarding their continuing education needs". A.Dimitriadou, T.Kafkia, E. Minadasidou, D.Sapountzi-Krepia, July 2000 (in Greek)
- 6.2. Translation and publication in Greek of the book «Renal Nursing», N.Thomas, Bailliere Tindall, London. 2003

- 6.3. *“European Practice Database (EPD): Greece”*. Research Board του European Dialysis and Transplant Nurses Association/European Renal Care Association, 2004.
- 6.4. *“European Practice Database (EPD, Cycle 2)”*. Research Board του European Dialysis and Transplant Nurses Association/European Renal Care Association, 2008.
- 6.5. Nurse and Ecology, T.Kafkaia, E.Minasidou, chapter in the book of S.Zyga *“Introduction to Nursing Science”*, (in Greek), Bitá publishing, 2010 and 2013 (in Greek)
- 6.6. *“Vascular Access cannulation and care: a nursing best practice guide for arteriovenous fistula”*. Editors: M.T.Parissotto, J.Pancirova. Authors: A.G.Iglesias, C.Miriunis, F.Pelliccia, I.Morris, I.Romach, J.F.Matos, M.Preda, N.Ward, R.Beltrandi, R.Peralt, T.Kafkaia., 2014, EDTNA/ERCA, Lucerne, Switzerland
- 6.7. *“Development of 13 guidelines for general practice medicine regarding the most common diseases and health status in Primary Healthcare”*. Participation the Arterial Blood Pressure guidelines. University of Crete, 2014 (in Greek)
- 6.8. *“Pain Management”* T.Kafkaia, M.Kourakos, E.Minasidou, chapter 39, in the book of P.Sarafis & T.Konstantinidis *“Introduction in nursing science and healthcare”*, Broken Hill Publishers, 2014 & 2020 (in Greek)
- 6.9. *“Patients’ Quality of Life”* E.Minasidou, T.Kafkaia, chapter 59, in the book of P.Sarafis & T.Konstantinidis *“Introduction in nursing science and healthcare”*, Broken Hill Publishers, 2014 & 2020 (in Greek)
- 6.10. *“Multi-Morbidity and Chronic Kidney Disease: common long term conditions explored”*, Kafkaia Theodora, chapter in the book *“Care of patients with Kidney Disease who have other long term conditions”*, Pugh-Clarke K, Tabinor M, Kafkaia T, Anwar I, Thomas N. Sept.2015, EDTNA/ERCA, Lucerne, Switzerland.
- 6.11. *“Moving the injured patient”*, E.Minasidou, T.Kafkaia, chapter 4 in the book *“Emergency Nursing”*, C.Marvaki, D.Papageorgiou, A.Kotanidou, A.Kalogianni, Konstantaras Publishing, 2015 (in Greek)
- 6.12. *“Musculoskeletal injuries”*, E.Minasidou, T.Kafkaia, chapter 10, in the book *“Emergency Nursing”*, C.Marvaki, D.Papageorgiou, A.Kotanidou, A.Kalogianni, Konstantaras Publishing, 2015 (in Greek)
- 6.13. *“Abdominal trauma”*, E.Minasidou, T.Kafkaia, chapter 21, in the book *“Emergency Nursing”*, C.Marvaki, D.Papageorgiou, A.Kotanidou, A.Kalogianni, Konstantaras Publishing, 2015 (in Greek)
- 6.14. *“Smoking and economic crisis”*. Kourakos M, Kafkaia T, Saridi M, chapter in the book *“Greece: Economic crises and management”*. Εκδότης: Caldwell D. Nova publishers, New York.
- 6.15. *“Nursing role in Diabetes Mellitus”* E.Minasidou, A.Tsaloglidou, T.Kafkaia, chapter 40 in the book titled *“Diabetes Mellitus”*, K.Kazakos, Broken Hill Publishers, 2016 (in Greek)
- 6.16. *“Nursing Theories”*, M.Lavdaniti, T.Kafkaia, E.Minasidou, chapter 8 in the book *“Introduction in Science of Nursing”*, M.Kelesi, G.Fasoi, D.Papageorgiou, Konstantaras Medical Publishing, 2016
- 6.17. *“Volunteerism in A Changing World Environment”* Kafkaia T, Kourakos M, Evlavis G in the book *“The Impact and Implications of Crisis: A Comprehensive Approach,*

Combining Elements of Health and Society", M.Saridi & K.Souliotis, NOVA SCIENCE PUBLISHERS,INC, NY, USA, 2017.

- 6.18. "Chronic Diseases: Important Issues in Times of Economic Crisis" Kourakos M. Fradelos E, Papathanasiou I & Kafkia T in the book "The Impact and Implications of Crisis: A Comprehensive Approach, Combining Elements of Health and Society", M.Saridi & K.Souliotis, NOVA SCIENCE PUBLISHERS,INC, NY, USA, 2017.
- 6.19. Priorities in Intensive Nursing Care, participation in the Greek translation, Broken Hill Publishers, 2018. (in Greek)
- 6.20. Leininger's Intercultural Nursing, participation in the Greek translation, Konstantaras Scientific Publication, 2019. (in Greek)
- 6.21. Effective Communication for Healthcare Professionals, participation in the Greek translation, Konstantaras Scientific Publication, 2021. (in Greek)

**7. MEMBERSHIP IN SCIENTIFIC and PROFESSIONAL ASSOCIATIONS:** member of the Greek Nurses Association, Greek Nephrology Nurses Association, European Dialysis and Transplant Nurses Association/European Renal Care Association (EDTNA/ERCA)

**8. HONORARY AWARDS:**

- 8.1. "Vascular access in polycystic kidney disease patients", T.Kafkia, C.Doutsiou, T.Falakidou, I.Ioannidis, V.Pappa, S.Arambatzi, Dr S.Spaia, Dr G.Vayonas, awarded in 32<sup>nd</sup> International Conference of European Dialysis and Transplant Nurses Association/European Renal Care Association (EDTNA/ERCA). Birmingham, 20-23.09.2003.
- 8.2. "Exercise during haemodialysis: Is it an indicator of better quality of dialysis?", C.Doutsiou, T.Falakidou, T.Kafkia, Dr S.Spaia, I.Ioannidis, A.Vayona, M.Sidiropoulou, V.Pappa, S.Arambatzi, P.Gianakovitis, Dr G.Vayonas, awarded in the 33<sup>rd</sup> International Conference of EDTNA/ERCA. Geneva, 4-7.09.2004.
- 8.3. "Quality of life in chronic diseases", E.Minasidou, T.Kafkia, C.Lemonidou, O.Dafni, awarded in the 36<sup>th</sup> International Conference tou EDTNA/ERCA. Florence, 15-18.09.2007.
- 8.4. "Evaluation and Management of Pain in Patients Undergoing Haemodialysis", T.Kafkia, K.Vehrilainen-Julkunen, D.Sapountzi-Krepia, awarded in the 40<sup>th</sup> International Conference tou EDTNA/ERCA. Lubjliana, 10-13.09.2011.
- 8.5. "MERS-CoV a new threat?", S.Stafylidis, T.Kafkia, M.Xatzigeorgiadou, awarded in the 1<sup>st</sup> Hellenic Conference "Crisis Management in Healthcare". Athens, 8-10.11.2013.
- 8.6. "Quality of life of diabetic and non-diabetic haemodialysis patients in an urban area", T.Falakidou, E.Minasidou, T.Kafkia, A.Dimitriadou, P.Tsaklis, I.Roudenko, S.Spaia awarded in the 45th EDTNA/ERCA International Conference, Valencia, 17-20 September 2016.